

At the beginning of each month, please e-mail  
[whatsup@metroplexwomensclinic.com](mailto:whatsup@metroplexwomensclinic.com)  
 to request your STEP videos for the month!

# April 2024

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 IN PERSON CLASS @ MWC SW The Mothers & Babies Course 10:00 - 11:30 am SPANISH CLASS   12:30-2:30p  ZOOM CLASS Childbirth Preparation 6:30 - 8:00 pm	2	3	4 ZOOM CLASS Beginner's Bible Study (LADIES ONLY) 10:00 - 11:30 am	5	6
7	8 IN PERSON CLASS @ MWC SW The Mothers & Babies Course 10:00 - 11:30 am SPANISH CLASS   12:30-2:30p  ZOOM CLASS Childbirth Preparation 6:30 - 8:00 pm	9	10	11 IN-PERSON CLASS @ MWC SW Healthy Relationships (COUPLES WELCOME) 6:30 - 8:00 pm	12	13
14	15 IN PERSON CLASS @ MWC SW The Mothers & Babies Course 10:00 - 11:30 am SPANISH CLASS   12:30-2:30p  ZOOM CLASS Childbirth Preparation 6:30 - 8:00 pm	16 IN-PERSON CLASS @ MWC SW Super Mom (LADIES ONLY) 6:30 - 8:00 pm	17	18 IN-PERSON CLASS @ MWC SW Healthy Relationships (COUPLES WELCOME) 6:30 - 8:00 pm	19	20 <i>Tiny Treasures Busy Bee Bash</i>
21	22 IN PERSON CLASS @ MWC Southwest The Mothers & Babies Course 10:00 - 11:30 am SPANISH CLASS 12:30 - 2:30 pm	23	24	25 IN-PERSON CLASS @ MWC SW Healthy Relationships (COUPLES WELCOME) 6:30 - 8:00 pm	26	27
28	29 IN PERSON CLASS @ MWC Southwest The Mothers & Babies Course 10:00 - 11:30 am SPANISH CLASS 12:30 - 2:30 pm	30 Diaper Give Away @ North 9am - 6:30pm				

# May 2024

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
➤ The 4-Week ZOOM Child-Like Faith: Christian Parenting Class ends on June 6			1 ZOOM CLASS Relationships & You (LADIES ONLY) 6:30 - 8:00 pm	2	3	4
5	6 ZOOM CLASS Pregnancy & Beyond 6:30 - 8:00 pm	7	8	9 <b>IN PERSON</b> Single, Super Mom Fair @ SW 4:00 - 6:00 pm Must be Single Call for 30 min appt.	10	11 <i>Tiny Treasures Mother's Day Photo Shoot</i>
12 <i>Mother's Day</i>	13 ZOOM CLASS Pregnancy & Beyond 6:30 - 8:00 pm	14	15 ZOOM CLASS Relationships & You (LADIES ONLY) 6:30 - 8:00 pm	16 ZOOM CLASS Child-Like Faith: Christian Parenting 10:00 - 11:30 am	17	18
19	20 ZOOM CLASS Pregnancy & Beyond 6:30 - 8:00 pm	21 Diaper Give Away @ SW 9am - 6:30pm	22 ZOOM CLASS Relationships & You (LADIES ONLY) 6:30 - 8:00 pm	23 ZOOM CLASS Child-Like Faith: Christian Parenting 10:00 - 11:30 am	24	25
26	27 <b>MEMORIAL DAY</b>	28	29 ZOOM CLASS Relationships & You (LADIES ONLY) 6:30 - 8:00 pm	30 ZOOM CLASS Child-Like Faith: Christian Parenting 10:00 - 11:30 am	31	

**40** Years **MW METROPLEX**  
**WOMEN'S CLINIC**

[metroplexwomensclinic.com/classes](http://metroplexwomensclinic.com/classes)

817.563.6999 • [whatsup@metroplexwomensclinic.com](mailto:whatsup@metroplexwomensclinic.com)