

At the beginning of each month, please e-mail
whatsup@metroplexwomensclinic.com
 to request your STEP videos for the month!

July 2024

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 IN-PERSON CLASS Fit Future 6:30 - 8:00 pm	2	3	4 <i>Independence Day</i>	5	6
7	8 IN-PERSON CLASS Fit Future 6:30 - 8:00 pm	9	10 IN-PERSON CLASS Infant Expectations/ CPR/Choking & Car Seat Safety 6:30 - 8:00 pm	11 ZOOM CLASS Next Steps to Spiritual Health (LADIES ONLY) 10:00 - 11:30 am ZOOM CLASS You Are Treasured (LADIES ONLY) 6:30 - 8:00 pm	12	13
14	15	16	17	18 ZOOM CLASS Next Steps to Spiritual Health (LADIES ONLY) 10:00 - 11:30 am ZOOM CLASS You Are Treasured (LADIES ONLY) 6:30 - 8:00 pm	19	20
21	22 IN PERSON CLASS The Mothers & Babies Course 10:00 - 11:30 am	23 <i>Diaper Give Away @ North</i> 9am - 6:30pm	24 IN-PERSON CLASS Infant Expectations/ CPR/Choking & Car Seat Safety 6:30 - 8:00 pm	25 ZOOM CLASS Next Steps to Spiritual Health (LADIES ONLY) 10:00 - 11:30 am ZOOM CLASS You Are Treasured (LADIES ONLY) 6:30 - 8:00 pm	26 ← Christmas in July → @ Tiny Treasures	27 <i>Tiny Treasures Photo Shoot</i>
28	29 IN PERSON CLASS The Mothers & Babies Course 10:00 - 11:30 am	30	31 IN-PERSON CLASS Infant Expectations/ CPR/Choking & Car Seat Safety 6:30 - 8:00 pm	➤ The 6-Week ZOOM You Are Treasured Class ends August 15 ➤ The 4-Week Zoom Next Steps to Spiritual Health Class ends August 1 ➤ The 7-Week IN PERSON Mothers & Babies Class ends September 9		

August 2024

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
➤ The 7-Week IN PERSON Mothers & Babies Class ends September 9 ➤ The 4-Week IN PERSON Child-Like Faith: Christian Parenting Class ends September 11				1 ZOOM CLASS Next Steps to Spiritual Health (LADIES ONLY) 10:00 - 11:30 am	2	3
4	5 IN PERSON CLASS The Mothers & Babies Course 10:00 - 11:30 am	6	7 ZOOM CLASS Pregnancy & Beyond 6:00 - 7:30 pm	8 ZOOM CLASS You Are Treasured (LADIES ONLY) 6:30 - 8:00 pm	9 ← Tax Free Weekend → @ All 3 ReSale Stores	10 <i>Tiny Treasures Back to School Photo Shoot</i>
11	12 IN PERSON CLASS The Mothers & Babies Course 10:00 - 11:30 am ZOOM CLASS Paths to Success for MEN 6:00 - 7:30 pm	13 ZOOM CLASS Paths to Success for Men 6:00 - 7:30 pm	14 <i>First Day of School</i> ZOOM CLASS Pregnancy & Beyond 6:00 - 7:30 pm	15 ZOOM CLASS You Are Treasured (LADIES ONLY) 6:30 - 8:00 pm	16	17
18	19 IN PERSON CLASS The Mothers & Babies Course 10:00 - 11:30 am	20	21 IN PERSON CLASS Child-Like Faith 6:15 - 7:30 pm ZOOM CLASS Pregnancy & Beyond 6:00 - 7:30 pm	22	23	24
25	26 IN PERSON CLASS The Mothers & Babies Course 10:00 - 11:30 am	27 <i>Diaper Give Away @ SW</i> 9am - 6:30pm	28 IN PERSON CLASS Child-Like Faith 6:15 - 7:30 pm	29	30	31



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