

At the beginning of each month, please e-mail  
[whatsup@metroplexwomensclinic.com](mailto:whatsup@metroplexwomensclinic.com)  
 to request your STEP videos for the month!

# October 2024

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1 IN-PERSON & ZOOM CLASS Financial Success 6:00 - 7:30 pm	2 IN-PERSON CLASS Healthy Relationships 6:15 - 7:30 pm	3	4	5
6	7 IN-PERSON CLASS Toddler Milestones & Potty Training 6:00 - 7:30 pm	8	9 IN-PERSON CLASS Toddler Milestones & Potty Training 6:00 - 7:30 pm  IN PERSON CLASS Beginner's Bible Study LADIES ONLY 6:15 - 7:45	10	11	12
13	14 <i>Columbus Day</i> IN-PERSON CLASS Breastfeeding & Newborn Care 6:00 - 7:30 pm	15	16 ZOOM CLASS Relationships & You 6:00 - 7:30 pm	17	18	19
20	21 IN-PERSON CLASS Breastfeeding & Newborn Care 6:00 - 7:30 pm	22	23 ZOOM CLASS Relationships & You 6:00 - 7:30 pm  IN PERSON CLASS Beginner's Bible Study LADIES ONLY 6:15 - 7:45 pm	24	25	26
27	28	29 Diaper Give Away @ North 9am - 6:30pm	30 ZOOM CLASS Relationships & You 6:00 - 7:30 pm	31	► The 4-Week IN PERSON Beginner's Bible Study for LADIES ONLY ends Nov. 13 & is held @ First Baptist Church Arlington ► The 4-Week ZOOM Relationships & You class for LADIES ONLY ends Nov. 6	

# November 2024

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1	2
3	4	5	6 ZOOM CLASS Relationships & You 6:00 - 7:30 pm  IN PERSON CLASS Beginner's Bible Study LADIES ONLY 6:15 - 7:45 pm	7	8	9
10	11 ZOOM CLASS Pregnancy & Beyond 6:00 - 7:30 pm	12	13 Diaper Give Away @ SE 9am - 6:30pm  IN-PERSON CLASS Beginner's Bible Study LADIES ONLY 6:15 - 7:45 pm	14	15	16
17	18 ZOOM CLASS Pregnancy & Beyond 6:00 - 7:30 pm	19	20	21	22	23
24	25 ZOOM CLASS Pregnancy & Beyond 6:00 - 7:30 pm	26	27	28 <i>Thanksgiving</i>	29	30



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