

At the beginning of each month, please e-mail  
[whatsup@metroplexwomensclinic.com](mailto:whatsup@metroplexwomensclinic.com)  
to request your STEP videos for the month!

# September 2024

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2 <i>Labor Day</i>	3	4 IN PERSON CLASS Computer Training 1:30 - 3:00 pm IN PERSON CLASS Childbirth Preparation 6:00 - 7:30 pm IN PERSON CLASS Child-Like Faith 6:15 - 7:30 pm	5	6	7
8	9 IN PERSON CLASS The Mothers & Babies Course 10:00 - 11:30 am IN PERSON CLASS Shaken Baby 6:00 - 7:30 pm	10 IN-PERSON CLASS Super Mom (LADIES ONLY) 6:00 - 7:30 pm	11 IN PERSON CLASS Childbirth Preparation 6:00 - 7:30 pm IN PERSON CLASS Child-Like Faith 6:15 - 7:30 pm	12	13	14
15	16	17	18 IN PERSON CLASS Computer Training 1:30 - 3:00 pm IN PERSON CLASS Childbirth Preparation 6:00 - 7:30 pm IN PERSON CLASS Healthy Relationships 6:15 - 7:30 pm	19	20	21
22	23	24	25 <i>Diaper Give Away @ SE</i> 9am - 6:30pm IN PERSON CLASS Healthy Relationships 6:15 - 7:30 pm	26	27	28
29	30 IN-PERSON & ZOOM CLASS Financial Success 6:00 - 7:30 pm	<p>➤ The 2-Night IN PERSON &amp; Zoom Financial Success Class ends October 1</p> <p>➤ The 3-Week IN PERSON Healthy Relationships Class ends October 2 &amp; is held at First Baptist Church Mansfield</p>				

# October 2024

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1 IN-PERSON & ZOOM CLASS Financial Success 6:00 - 7:30 pm	2 IN-PERSON CLASS Healthy Relationships 6:15 - 7:30 pm	3	4	5
6	7 IN-PERSON CLASS Toddler Milestones & Potty Training 6:00 - 7:30 pm	8	9 IN-PERSON CLASS Toddler Milestones & Potty Training 6:00 - 7:30 pm IN PERSON CLASS Beginner's Bible Study LADIES ONLY 6:00 - 7:30	10	11	12
13	14 <i>Columbus Day</i> IN-PERSON CLASS Breastfeeding & Newborn Care 6:00 - 7:30 pm	15	16 ZOOM CLASS Relationships & You 6:00 - 7:30 pm	17	18	19
20	21 IN-PERSON CLASS Breastfeeding & Newborn Care 6:00 - 7:30 pm	22	23 ZOOM CLASS Relationships & You 6:00 - 7:30 pm IN PERSON CLASS Beginner's Bible Study LADIES ONLY 6:00 - 7:30 pm	24	25	26
27	28	29 <i>Diaper Give Away @ North</i> 9am - 6:30pm	30 ZOOM CLASS Relationships & You 6:00 - 7:30 pm	31	<p>➤ The 4-Week IN PERSON Beginner's Bible Study for LADIES ONLY ends November 13 &amp; is held at First Baptist Church Arlington</p>	



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